

# PRIMAL ALCHEMY PROVISIONS

## Pantry Items



Order on line for Delivery/Pickup by noon the day before. Deliveries are on Monday, Wednesday and Friday only. We are always open for walk up orders at the times listed below

Mon, Wed, Thurs, Fri 4pm-7pm \*\* Saturday 11am-6pm \*\* Sundays 9am-2pm  
**CLOSED TUESDAYS**



Indicates Omnivore









Indicates Vegan





(V) Indicates Vegetarian

(V+) Indicates Vegan

## ENTREES (4 portions)




|   |      |
|---|------|
|  Braised Brisket in Smoked Pineapple Barbecue Sauce                        | \$25 |
|  Carolina Gold Smoked BBQ Pulled Pork                                      | \$25 |
|  Chicken Tikka Masala w' Yogurt, Lemon, Tomato & Kashmiri Chili Pepper     | \$25 |
|  Chicken Pot Pie w' Chicken, Carrots, Celery, Onion, Peas (3-4 portions) | \$20 |
|  Roasted Vegetable Lasagna w' Asiago, Ricotta & Charred Tomato Sauce (V) | \$25 |
|  Miso Roasted Tofu w' Shallot Marmalade (V+)                             | \$25 |

## SALADS & VEGGIES (4 portions)




|  |      |
|--|------|
|  Honey Ginger Carrots (V+)  | \$15 |
|  Ancho Roasted Cauliflower (V+)   | \$15 |
|  Buttered Green Beans w' Toasted Almonds (V)  | \$15 |
|  Farmers Market Seasonal Salad; Organic Greens, Local Farm Fruit, Toasted Nuts & House Vinaigrette (V+) | \$15 |

# PRIMAL ALCHEMY PROVISIONS

## STARCHES (4 portions)

|   |             |
|---|-------------|
|  <b>Roasted Garlic Mashed Potatoes (V)</b>                       | <b>\$15</b> |
|  <b>Smash Fried Purple Potatoes w' Chimichurri (V+)</b>          | <b>\$15</b> |
|  <b>Garlic Fried Rice w' Scallions, Sesame &amp; Tamari (V+)</b> | <b>\$15</b> |

## DESSERTS (single portion or 4-5 portion tray)

|  |                 |
|--|-----------------|
|  <b>Cheesecake w' Farmers Market Berry Compote &amp; Rye Almond Crust (V)</b> | <b>\$5/\$18</b> |
|  <b>Peach Cobbler w' Rosemary Shortbread Crumble (V)</b>                      | <b>\$5/\$18</b> |
|  <b>Cinnamon Sugar Bread Pudding w' Makers Mark Caramel Sauce (V)</b>       | <b>\$5/\$18</b> |

## SALSAS & DIPS

|   |               |
|---|---------------|
| <b>Smoked Beet Hummus 8 oz. (V+)</b>                          | <b>\$8.00</b> |
| <b>Creamy Olive Tapenade 8 oz. (V)</b>                        | <b>\$8.00</b> |
| <b>Roasted Red Pepper &amp; Almond Romesco Dip 8 oz. (V+)</b> | <b>\$8.00</b> |
| <b>Classic Onion Dip 8 oz. (V+)</b>                           | <b>\$8.00</b> |
| <b>Salsa Quemada 8 oz. (V+)</b>                               | <b>\$8.00</b> |
| <b>Creamy Poblano Salsa Verde 8 oz. (V+)</b>                  | <b>\$8.00</b> |

## JAMS, JELLIES, MARMALADES, PICKLES

|  |                |
|--|----------------|
| <b>Housemade Local Fruit Jams 8 oz. jar (Apricot Ginger, Blackberry Sage Butter, Fig Port Jam, Red Pear Lavender, Fig Fennel (selection changes seasonally))</b> | <b>\$11.00</b> |
| <b>Pickles 8 oz. Jar (Green Beans, Red Onions, Radishes, Carrots, Mushrooms, Cauliflower)</b>  | <b>\$8.00</b>  |

# PRIMAL ALCHEMY PROVISIONS

## HOUSE CURED MEATS

|   |         |
|---|---------|
| Iberico "Pata Negra" House Cured Charcuterie 28g (limited availability) | \$10.00 |
| Chef Paul's House Cured California Farm Raised Pork Charcuterie 28 g.   | \$7.00  |
| Miso Pear Grass Fed Beef Jerky  | \$8.00  |
| Smoked Maple & Brown Sugar Candied Bacon (3 slices)                     | \$6.00  |

## PRIMAL BAKERY

|  |         |
|--|---------|
| Roasted Ham & Cheese on Organic Garlic Rosemary Focaccia | \$10.00 |
| Organic Roasted Garlic Rosemary Focaccia                 | \$5.00  |
| Fork Print Peanut Butter Cookies ½ Dozen                 | \$8.00  |
| Salted Chocolate Chunk Cookies ½ Dozen                   | \$8.00  |
| Lemon Lavender Shortbread Cookies ½ Dozen                | \$8.00  |
| Organic Focaccia Crostini 1 bag                          | \$7.00  |
| Drew's French Macaroons (flavors may vary) ½ Dozen       | \$12.00 |

## PRIMAL SPIRIT (16 oz. jar – makes 4 drinks)

|                                 |         |
|---------------------------------|---------|
| Prickly Pear Margarita Mix      | \$10.00 |
| Pineapple Jalapeno Cocktail Mix | \$10.00 |
| Mango Ginger Cocktail Mix       | \$10.00 |

## HOW TO ORDER:

**CLICK HERE TO PLACE AN ONLINE ORDER** or visit [primalalchemy.com/provisions](http://primalalchemy.com/provisions)

Items are also available on a walk-up basis during pantry hours.

**Questions? Call (562) 708-6998 or (562) 400-5994**